## **Controlled Substance Prescription Policy**

If you/your child has been prescribed a controlled substance (Adderall, Concerta, Vyvanse, Daytrana, etc.) please note the following policies for our office, which are compliant with federal regulations:

- 1. Controlled substance prescriptions are valid for 21 days and no refills are allowed.
- 2. Prescriptions can be picked up at our office if needed. Please allow at least **3** weekdays notice so that the chart can be pulled and the prescription written.
- 3. Only parents or legal guardians may have controlled substance prescriptions handed to them at the office.
- 4. Controlled substance prescriptions cannot be mailed across state lines.
- 5. As a service to our patients, Windhaven Adolescent Medicine will mail your prescriptions monthly to your home. We offer this service free of charge but do require that **patients who participate in this plan be seen by us every 3 months for a medication follow-up**.
- **6.** If you choose to pick up your prescriptions in person, we will **need to see** the patient every 6 months for a medication follow-up.
- 7. Check your prescription drug plan for the option of a 3month prescription. Some plans allow for this through mail order. If you/your child has been on the same medicine and dose for more than 6 months, we will be happy to provide you with a mail order prescription for a 90 day supply. Patients who chose this option will **need to be seen every 3 months for a medication follow-up.**

\*Please schedule your appointments ahead of time to avoid a delay in receiving prescriptions. It is the patients' responsibility to see that regular appointments are scheduled.

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signature	date

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